



SUNDAY May 19, 2019



KUNG FU TAI CHI DAY
功夫太極日

SCHEDULE

435 South Market Street, San Jose, CA

SUNDAY MORNING

8:30 AM

Grand Opening and Group Tai Chi Recital

All are welcome to participate in the group tai Chi Recital of the simplified 24 Tai Chi rou and Bafa Wubu (8 methods and 5 steps). Even you don't know the form, you can follow in the Back.

SUNDAY: MAIN STAGE

	SUNDAY			
	STAGE			
	Division No	Style	Age	Level
9:30 AM	OD500	Ku Yu-Cheung Bak Sil Lum(Norther Shaolin)	All	All
	LT900A	Cub Tiger (11 & Under, All Style)	11 and under	All
	LT900B	Teen Tiger (12 -17, All Style)	12 - 17	All
	WA900	WildAid Champ (18+, All Style)	18+	All

SUNDAY SEMINARS

FREE SEMINARS

12:30 PM

Grandmaster Fu Qiangqun

Yang Style Tai Chi Chuan

1:00 PM

Dr. Daniel Chi-Hsiu Weng

Tai Chi Landing Skills and Fall Prevention

1:30 PM

Grandmaster Liu Suibin

Qingcheng Tai Chi

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435 South Market Street, San Jose, CA

SUNDAY: RING 1

	RING 1			
	Division No	Style	Age	Level
9:30 AM	HA100	Qiqong	ALL	All Ranks
	IA110	Tai Chi 24	12 and under	Beg
	IA120	Tai Chi 42 (Compulsory)	12 and under	Beg
	IA130	Tai Chi 56 (Compulsory)	12 and under	Beg
	IA140	Tai Chi Chen Style	12 and under	Beg
	IA150	Tai Chi Yang Style	12 and under	Beg
	IA160	Tai Chi Other Style	12 and under	Beg
	IA170	Other Internal (Bagua, Xingyi, Baji, etc.)	12 and under	Beg
	IA180	Tai Chi/Internal Jian	12 and under	Beg
	IA190	Tai Chi/Internal Fan (Single, Double)	12 and under	Beg
	IA191	Tai Chi/Internal Short Weapons	12 and under	Beg
	IA192	Tai Chi/Internal Long Weapons	12 and under	Beg
	IA210	Tai Chi 24	12 and under	Int
	IA220	Tai Chi 42 (Compulsory)	12 and under	Int
	IA230	Tai Chi 56 (Compulsory)	12 and under	Int
	IA240	Tai Chi Chen Style	12 and under	Int
	IA250	Tai Chi Yang Style	12 and under	Int
	IA260	Tai Chi Other Style	12 and under	Int
	IA270	Other Internal (Bagua, Xingyi, Baji, etc.)	12 and under	Int
	IA280	Tai Chi/Internal Jian	12 and under	Int
	IA290	Tai Chi/Internal Fan (Single, Double)	12 and under	Int
	IA291	Tai Chi/Internal Short Weapons	12 and under	Int
	IA292	Tai Chi/Internal Long Weapons	12 and under	Int
	IA310F	Tai Chi 24	12 and under	Adv
	IA310M	Tai Chi 24	12 and under	Adv
	IA320F	Tai Chi 42 (Compulsory)	12 and under	Adv
	IA320M	Tai Chi 42 (Compulsory)	12 and under	Adv
	IA330F	Tai Chi 56 (Compulsory)	12 and under	Adv
	IA330M	Tai Chi 56 (Compulsory)	12 and under	Adv
	IA340F	Tai Chi Chen Style	12 and under	Adv
	IA340M	Tai Chi Chen Style	12 and under	Adv
	IA350F	Tai Chi Yang Style	12 and under	Adv
	IA350M	Tai Chi Yang Style	12 and under	Adv
	IA360F	Tai Chi Other Style	12 and under	Adv
	IA360M	Tai Chi Other Style	12 and under	Adv
	IA370F	Other Internal (Bagua, Xingyi, Baji, etc.)	12 and under	Adv
	IA370M	Other Internal (Bagua, Xingyi, Baji, etc.)	12 and under	Adv
	IA380F	Tai Chi/Internal Jian	12 and under	Adv
	IA380M	Tai Chi/Internal Jian	12 and under	Adv
	IA390F	Tai Chi/Internal Fan (Single, Double)	12 and under	Adv
	IA390M	Tai Chi/Internal Fan (Single, Double)	12 and under	Adv
	IA391F	Tai Chi/Internal Short Weapons	12 and under	Adv
	IA391M	Tai Chi/Internal Short Weapons	12 and under	Adv
	IA392F	Tai Chi/Internal Long Weapons	12 and under	Adv
	IA392M	Tai Chi/Internal Long Weapons	12 and under	Adv



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SUNDAY: RING 2

	SUNDAY			
	RING 2			
	Division No	Style	Age	Level
9:30 AM	IB110	Tai Chi 24	13 - 18	Beg
	IB120	Tai Chi 42 (Compulsory)	13 - 18	Beg
	IB130	Tai Chi 56 (Compulsory)	13 - 18	Beg
	IB140	Tai Chi Chen Style	13 - 18	Beg
	IB150	Tai Chi Yang Style	13 - 18	Beg
	IB160	Tai Chi Other Style	13 - 18	Beg
	IB170	Other Internal (Bagua, Xingyi, Baji, etc.)	13 - 18	Beg
	IB180	Tai Chi/Internal Jian	13 - 18	Beg
	IB190	Tai Chi/Internal Fan (Single, Double)	13 - 18	Beg
	IB191	Tai Chi/Internal Short Weapons	13 - 18	Beg
	IB192	Tai Chi/Internal Long Weapons	13 - 18	Beg
	IB210	Tai Chi 24	13 - 18	Int
	IB220	Tai Chi 42 (Compulsory)	13 - 18	Int
	IB230	Tai Chi 56 (Compulsory)	13 - 18	Int
	IB240	Tai Chi Chen Style	13 - 18	Int
	IB250	Tai Chi Yang Style	13 - 18	Int
	IB260	Tai Chi Other Style	13 - 18	Int
	IB270	Other Internal (Bagua, Xingyi, Baji, etc.)	13 - 18	Int
	IB280	Tai Chi/Internal Jian	13 - 18	Int
	IB290	Tai Chi/Internal Fan (Single, Double)	13 - 18	Int
	IB291	Tai Chi/Internal Short Weapons	13 - 18	Int
	IB292	Tai Chi/Internal Long Weapons	13 - 18	Int
	IB310F	Tai Chi 24	13 - 18	Adv
	IB310M	Tai Chi 24	13 - 18	Adv
	IB320F	Tai Chi 42 (Compulsory)	13 - 18	Adv
	IB320M	Tai Chi 42 (Compulsory)	13 - 18	Adv
	IB330F	Tai Chi 56 (Compulsory)	13 - 18	Adv
	IB330M	Tai Chi 56 (Compulsory)	13 - 18	Adv
	IB340F	Tai Chi Chen Style	13 - 18	Adv
	IB340M	Tai Chi Chen Style	13 - 18	Adv
	IB350F	Tai Chi Yang Style	13 - 18	Adv
	IB350M	Tai Chi Yang Style	13 - 18	Adv
	IB360F	Tai Chi Other Style	13 - 18	Adv
	IB360M	Tai Chi Other Style	13 - 18	Adv
	IB370F	Other Internal (Bagua, Xingyi, Baji, etc.)	13 - 18	Adv
	IB370M	Other Internal (Bagua, Xingyi, Baji, etc.)	13 - 18	Adv
	IB380F	Tai Chi/Internal Jian	13 - 18	Adv
	IB380M	Tai Chi/Internal Jian	13 - 18	Adv
	IB390F	Tai Chi/Internal Fan (Single, Double)	13 - 18	Adv
	IB390M	Tai Chi/Internal Fan (Single, Double)	13 - 18	Adv
	IB391F	Tai Chi/Internal Short Weapons	13 - 18	Adv
	IB391M	Tai Chi/Internal Short Weapons	13 - 18	Adv
	IB392F	Tai Chi/Internal Long Weapons	13 - 18	Adv
	IB392M	Tai Chi/Internal Long Weapons	13 - 18	Adv



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SUNDAY: RING 3

	SUNDAY			
	RING 3			
	Division No	Style	Age	Level
9:30 AM	IC110	Tai Chi 24	19 - 45	Beg
	IC120	Tai Chi 42 (Compulsory)	19 - 45	Beg
	IC130	Tai Chi 56 (Compulsory)	19 - 45	Beg
	IC140	Tai Chi Chen Style	19 - 45	Beg
	IC150	Tai Chi Yang Style	19 - 45	Beg
	IC160	Tai Chi Other Style	19 - 45	Beg
	IC170	Other Internal (Bagua, Xingyi, Baji, etc.)	19 - 45	Beg
	IC180	Tai Chi/Internal Jian	19 - 45	Beg
	IC190	Tai Chi/Internal Fan (Single, Double)	19 - 45	Beg
	IC191	Tai Chi/Internal Short Weapons	19 - 45	Beg
	IC192	Tai Chi/Internal Long Weapons	19 - 45	Beg
	IC210	Tai Chi 24	19 - 45	Int
	IC220	Tai Chi 42 (Compulsory)	19 - 45	Int
	IC230	Tai Chi 56 (Compulsory)	19 - 45	Int
	IC240	Tai Chi Chen Style	19 - 45	Int
	IC250	Tai Chi Yang Style	19 - 45	Int
	IC260	Tai Chi Other Style	19 - 45	Int
	IC270	Other Internal (Bagua, Xingyi, Baji, etc.)	19 - 45	Int
	IC280	Tai Chi/Internal Jian	19 - 45	Int
	IC290	Tai Chi/Internal Fan (Single, Double)	19 - 45	Int
	IC291	Tai Chi/Internal Short Weapons	19 - 45	Int
	IC292	Tai Chi/Internal Long Weapons	19 - 45	Int
	IC310F	Tai Chi 24	19 - 45	Adv
	IC310M	Tai Chi 24	19 - 45	Adv
	IC320F	Tai Chi 42 (Compulsory)	19 - 45	Adv
	IC320M	Tai Chi 42 (Compulsory)	19 - 45	Adv
	IC330F	Tai Chi 56 (Compulsory)	19 - 45	Adv
	IC330M	Tai Chi 56 (Compulsory)	19 - 45	Adv
	IC340F	Tai Chi Chen Style	19 - 45	Adv
	IC340M	Tai Chi Chen Style	19 - 45	Adv
	IC350F	Tai Chi Yang Style	19 - 45	Adv
	IC350M	Tai Chi Yang Style	19 - 45	Adv
	IC360F	Tai Chi Other Style	19 - 45	Adv
	IC360M	Tai Chi Other Style	19 - 45	Adv
	IC370F	Other Internal (Bagua, Xingyi, Baji, etc.)	19 - 45	Adv
	IC370M	Other Internal (Bagua, Xingyi, Baji, etc.)	19 - 45	Adv
	IC380F	Tai Chi/Internal Jian	19 - 45	Adv
	IC380M	Tai Chi/Internal Jian	19 - 45	Adv
	IC390F	Tai Chi/Internal Fan (Single, Double)	19 - 45	Adv
	IC390M	Tai Chi/Internal Fan (Single, Double)	19 - 45	Adv
	IC391F	Tai Chi/Internal Short Weapons	19 - 45	Adv
	IC391M	Tai Chi/Internal Short Weapons	19 - 45	Adv
	IC392F	Tai Chi/Internal Long Weapons	19 - 45	Adv
	IC392M	Tai Chi/Internal Long Weapons	19 - 45	Adv



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SUNDAY: RING 4

SUNDAY				
RING 4				
	Division No	Style	Age	Level
9:30 AM	ID110	Tai Chi 24	46+	Beg
	ID120	Tai Chi 42 (Compulsory)	46+	Beg
	ID130	Tai Chi 56 (Compulsory)	46+	Beg
	ID140	Tai Chi Chen Style	46+	Beg
	ID150	Tai Chi Yang Style	46+	Beg
	ID160	Tai Chi Other Style	46+	Beg
	ID170	Other Internal (Bagua, Xingyi, Baji, etc.)	46+	Beg
	ID180	Tai Chi/Internal Jian	46+	Beg
	ID190	Tai Chi/Internal Fan (Single, Double)	46+	Beg
	ID191	Tai Chi/Internal Short Weapons	46+	Beg
	ID192	Tai Chi/Internal Long Weapons	46+	Beg
	ID210	Tai Chi 24	46+	Int
	ID220	Tai Chi 42 (Compulsory)	46+	Int
	ID230	Tai Chi 56 (Compulsory)	46+	Int
	ID240	Tai Chi Chen Style	46+	Int
	ID250	Tai Chi Yang Style	46+	Int
	ID260	Tai Chi Other Style	46+	Int
	ID270	Other Internal (Bagua, Xingyi, Baji, etc.)	46+	Int
	ID280	Tai Chi/Internal Jian	46+	Int
	ID290	Tai Chi/Internal Fan (Single, Double)	46+	Int
	ID291	Tai Chi/Internal Short Weapons	46+	Int
	ID292	Tai Chi/Internal Long Weapons	46+	Int

*FREE ADMISSION

The 8th Annual KUNG FU TAI CHI DAY

SUNDAY MAY 19, 2019 San Jose McEnergy Convention Center, South Hall

SCHEDULE OF EVENTS

8:30 AM: Grand Opening and Group Tai Chi Recital

All are welcome to participate in the Group Tai Chi Recital of the Simplified 24 Tai Chi routine, and Bafa Wubu (8 Methods 5 Steps). Even if you don't know the form, you can follow along in the back.

9:30-Noon: Tiger Claw Elite KungFuMagazine.com Championship - Internal Divisions

Competition in Tai Chi, Tai Chi Push Hands, Baguazhang, Xingyi and related internal arts.

9:30-Noon: Tiger Claw Elite KungFuMagazine.com Championship - Showcase Championships

This year's Showcase Championships includes the 10th Annual WildAid Tiger Claw Championship and the 2nd Annual Ku Yu-Cheung Bak Sil Championship.

FREE SEMINARS

12:30-1:00 PM: Grandmaster Fu Qingquan Yang Style Tai Chi Chuan

Grandmaster James Fu Qingquan is the grandson of one of the most renowned proponents of Yang Family Tai Chi Chuan, the Great Grandmaster Fu Zhongwen. In the late 80s, Fu Qingquan won the All-China National Championship for Tai Chi in both empty-hand and sword. He was also the youngest person ever to be certified as a 7th Duan by the Chinese Wushu Association.



1:00-1:30 PM: Dr. Daniel Chi-Hsiu Weng on Tai Chi Landing Skills and Fall Prevention

Dr. Daniel Chi-Hsiu Weng will present on Taiji for maintenance and improved health outcomes: Injury prevention from falls and increased cardiovascular capacity, which has been accepted for oral presentation at the scientific sessions of International Conference on Physical Education, Sports Medicine and Doping Studies, August 8-9, 2018, Osaka, Japan.



1:30-2:00 PM: Grandmaster Liu Suibin Qingcheng Tai Chi

"Qingcheng Tai Chi" originated from the birthplace of Chinese Daoism, Qingcheng Mountain, in Sichuan Province. Qingcheng Mountain is one of the most important Daoist centers in China, inscribed on the UNESCO World Heritage List in 2000. It is also known for the "Mysterious School of Tai Chi Chuan", which forms the core of the famous martial arts lineage, Qingcheng Martial Arts. The regimen techniques of the "Qingcheng Mysterious School of Tai Chi Chuan" is accepted as the advanced techniques of Daoist Kung Fu practice for both its movements and meditation.



SUNDAY: RING 5

	RING 5			
	Division No	Style	Age	Level
9:30 AM	OD100	Sparring Set	All	Beg
	OG020	Group Competition Internal	All	Int
	OG021	Group Competition Internal	All	Adv
	ID310F	Tai Chi 24	46+	Beg
	ID310M	Tai Chi 24	46+	Beg
	ID320F	Tai Chi 42 (Compulsory)	46+	Beg
	ID320M	Tai Chi 42 (Compulsory)	46+	Beg
	ID330F	Tai Chi 56 (Compulsory)	46+	Beg
	ID330M	Tai Chi 56 (Compulsory)	46+	Beg
	ID340F	Tai Chi Chen Style	46+	Beg
	ID340M	Tai Chi Chen Style	46+	Beg
	ID350F	Tai Chi Yang Style	46+	Beg
	ID350M	Tai Chi Yang Style	46+	Beg
	ID360F	Tai Chi Other Style	46+	Beg
	ID360M	Tai Chi Other Style	46+	Int
	ID370F	Other Internal (Bagua, Xingyi, Baji, etc.)	46+	Int
	ID370M	Other Internal (Bagua, Xingyi, Baji, etc.)	46+	Int
	ID380F	Tai Chi/Internal Jian	46+	Int
	ID380M	Tai Chi/Internal Jian	46+	Int
	ID390F	Tai Chi/Internal Fan (Single, Double)	46+	Int
	ID390M	Tai Chi/Internal Fan (Single, Double)	46+	Int
	ID391F	Tai Chi/Internal Short Weapons	46+	Int
	ID391M	Tai Chi/Internal Short Weapons	46+	Int
	ID392F	Tai Chi/Internal Long Weapons	46+	Int
	ID392M	Tai Chi/Internal Long Weapons	46+	Int

The International Wushu Sanshou Dao Association
GRAND CHAMPIONS



For 2019, the Tiger Claw Elite KungFuMagazine.com Championship is recognizing competitors from International Wushu Sanshou Dao Association (IWSD) schools with their own Grand Champions. Grand Champions from IWSD schools will compete for the 1st IWSD Grand Champion awards. More details to come.



The Tiger Claw Elite KungFuMagazine.com Championship May 18-19, 2019 San Jose, CA.

The International Wushu Sanshou Dao Association Push Hands Championship



The International Wushu Sanshou Dao Association Push Hands Champion is an open Push Hands competition available to any style. For 2019, a Teen Push Hands division has been added. More details to come.



The Tiger Claw Elite KungFuMagazine.com Championship May 18-19, 2019 San Jose, CA.